



Two new workshops with Dr Doris Brett

Hypnosis Training Australia invites you to attend two entertaining and educational CPD trainings presented by Dr Doris Brett – Australia's renowned clinical psychologist, psychotherapist, author and skilled hypnosis practitioner and teacher.

Workshop One: Saturday 2 June 2018 – 0930-1530 (including lunch)

INDIRECT TECHNIQUES: WHY AND HOW TO INTEGRATE THEM INTO CLINICAL PRACTICE

Doris will explain the seminal influence of Milton Erickson on modern psychotherapies, such as Narrative Therapy, NLP, Family Therapy, Guided Imagery and Brief Therapy. Learn how to develop and integrate indirect techniques into your clinical setting.

HYPNOSIS AND METAPHORS

Metaphors and suggestion are integral to counselling and psychotherapy. Learn how to construct and utilise metaphors in your clinical work. Learn how the effectiveness of metaphors and story-telling can be enhanced when used in conjunction with clinical hypnosis.

Workshop Two: Saturday 23 June 2018 – 0930-1530 (including lunch)

PSYCHOLOGICAL ISSUES IN MEDICINE, PAIN MANAGEMENT AND MIND-BODY HEALING

Mental health practitioners and psychologists in particular, are aware of the relationship between psychological and physiological processes in human wellbeing. There is a significant body of evidence-based research and clinical studies into the specific effects on health and wellbeing resulting from the use of suggestion and imagery utilised as part of clinical hypnosis. In this workshop Doris will introduce you to research with clinical hypnosis and mind-body healing and give you training in specific clinical skills.

Psychological issues in Medicine

Clinical Hypnosis in Pain Management

Clinical Hypnosis and Principles of Mind-Body Healing

Both workshops are suitable for all health and mental health professionals with an interest in clinical hypnosis

Venue for both workshops: Rosstown Hotel cnr Dandenong & Koornang Rds
Carnegie

Cost? \$110.00 (includes \$10.00 GST) for each workshop.
Or pay \$165.00 (incl \$15 GST) to register for both
(saving \$55.00)

How to Register: To register and pay online go to:
www.hypnosistrainingaustralia.org